

# Benin – Atlantique Littoral Global Youth Tobacco Survey (GYTS) FACT SHEET . . . . .



The Benin – Atlantique Littoral GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, environmental tobacco smoke exposure (ETS), cessation, media and advertising, and school curriculum. These determinants are components Benin could include in a comprehensive tobacco control program. The Benin- Atlantique Littoral GYTS was a school-based survey of students in 6<sup>ème</sup>, 5<sup>ème</sup>, 4<sup>ème</sup>, and 3<sup>ème</sup>, conducted in

2003. A two-stage cluster sample design was used to produce representative data for Benin – Atlantique Littoral. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100%, the student response rate was 84.6%, and the overall response rate was 84.6%. A total of 2,109 students participated in the Benin - Atlantique Littoral GYTS.

## Prevalence

- 18.0% of students had ever smoked cigarettes (Male = 24.9%, Female = 7.6%)
- 12.1% currently use any tobacco product (Male = 15.3%, Female = 7.5%)
- 8.1% currently smoke cigarettes (Male = 11.6%, Female = 3.0%)
- 6.3% currently use other tobacco products (Male = 7.2%, Female = 5.1%)
- 12.0% of never smokers are likely to initiate smoking next year

## Knowledge and Attitudes

- 22.4% think boys and 20.7% think girls who smoke have more friends
- 20.5% think boys and 19.0% think girls who smoke look more attractive

## Access and Availability - Current Smokers

- 30.2% usually smoke at home
- 31.5% buy cigarettes in a store
- 59.7% who bought cigarettes in a store were NOT refused purchase because of their age

## Environmental Tobacco Smoke

- 22.2% live in homes where others smoke in their presence
- 39.9% are around others who smoke in places outside their home
- 79.0% think smoking should be banned from public places
- 62.8% think smoke from others is harmful to them
- 7.6% have one or more parents who smoke
- 6.6% have most or all friends who smoke

## Cessation - Current Smokers

- 81.8% want to stop smoking
- 68.4% tried to stop smoking during the past year
- 74.0% have ever received help to stop smoking

## Media and Advertising

- 67.4% saw anti-smoking media messages, in the past 30 days
- 67.3% saw pro-cigarette ads on billboards, in the past 30 days
- 51.1% saw pro-cigarette ads in newspapers or magazines, in the past 30 days
- 20.8% have an object with a cigarette brand logo
- 7.0% were offered free cigarettes by a tobacco company representative

## School

- 51.1% had been taught in class, during the past year, about the dangers of smoking
- 26.5% had discussed in class, during the past year, reasons why people their age smoke
- 45.7% had been taught in class, during the past year, the effects of tobacco use

## Highlights

- 12% of students currently use any form of tobacco; 8% currently smoke cigarettes; 6% currently use some other form of tobacco.
- ETS exposure is high - 1 out of 5 students live in homes where others smoke, while two fifths of the students are around others who smoke in places outside of their home; approximately 1 out of 10 students has one or more parents who smoke.
- Two thirds of the students think smoke from others is harmful to them.
- 4 out of 5 students think smoking should be banned from public places.
- Four fifths of the students who are currently smoking indicated that they want to stop smoking now; approximately 70% of the students currently smoking tried to stop during the past year.
- Approximately 70% of the students saw anti-smoking messages while 70% saw pro-cigarette ads on billboards, and half of the students saw pro-cigarettes ads in newspapers & magazines.