

# Kenya - Dental Students (3<sup>rd</sup> Year Students Only) Global Health Professions Student Survey (GHPSS)

## FACT SHEET . . . . .

The Kenya dental students GHPSS includes data on prevalence of cigarette smoking and use of other tobacco products, knowledge and attitudes about tobacco use, exposure to second-hand smoke, desire for smoking cessation, and training received during dental school regarding patient counseling on smoking cessation techniques. This information could be very useful in monitoring and developing Kenya's comprehensive tobacco control program.

The Kenya dental students GHPSS was a census of 3<sup>rd</sup> year dental students attending the 1 dental school in Kenya that was conducted in 2008. The school response rate was 100% and the student response rate was 86.2%. A total of 24 students participated in the Kenya dental students GHPSS.

### Prevalence

- 47.8% ever smoked cigarettes (Males = 45.5%, Females = 50.0%)
- 0.0% currently smoke cigarettes (Males = 0.0%, Females = 0.0%)
- 12.5% ever used any form of tobacco other than cigarettes (Males = 8.3%, Females = 16.7%)
- 4.2% currently use any form of tobacco other than cigarettes (Males = 0.0%, Females = 8.3%)

### Factors Influencing Tobacco Use

- 45.8% were exposed to second-hand smoke at home, during the past week.
- 41.7% were exposed to second-hand smoke in public places during the past week.
- 81.3% reported that their school had a ban on smoking in school buildings and clinics.
- 79.2% thought smoking should be banned in all enclosed public places.
- 95.8% thought tobacco sales to adolescents should be banned.
- 62.5% thought there should be a complete ban on advertising tobacco products.
- 83.3% were taught about the dangers of smoking during dental school training.

### Role Model and Cessation Training

- 95.8% thought health professionals serve as role models for their patients.
- 100.0% thought health professionals have a role in giving advice about smoking cessation to patients.
- 8.3% received formal training in smoking cessation approaches during dental school.
- 87.5% thought health professionals should get specific training on cessation techniques.

### Highlights

**Nearly half have ever smoked cigarettes and 4.2% currently use other tobacco products.**

**Two in 5 were exposed to smoke in public places.**

**Four in 5 support a ban on smoking in all enclosed public places.**

**8.3% received training to provide patients with cessation approaches.**

**Close to 9 in 10 think health professionals should get specific training on cessation techniques to use with patients.**